

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wouters Maxim

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 08:33
Heat: 2/16 Lane : 4 Athlete: DURT REINE					Q-time: 02:43:28
PB (50m pool): 02:42.29 Antwerpen 21/07/2024					PB (25m pool): 02:38.10 SB: 02:43.28 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:42.29	
	no time				
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:7, starttime: 08:49
Heat: 7/16 Lane : 5 Athlete: JANSSENS ELISABETH					Q-time: 02:39:28
PB (50m pool): 02:39.28 Wezenberg 01/02/2026					PB (25m pool): 02:34.77 SB: 02:39.28 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.21	01:16.21	02:02.14	02:39.28	
	00:34.21	00:42.00	00:45.93	00:37.14	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:9, starttime: 08:56
Heat: 9/16 Lane : 6 Athlete: BELLENS LORE					Q-time: 02:37:96
PB (50m pool): 02:37.96 Wezenberg 01/02/2026					PB (25m pool): 02:32.09 SB: 02:37.96 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.86	01:15.21	02:01.12	02:37.96	
	00:32.86	00:42.35	00:45.91	00:36.84	
					

Coach feedback:

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Event number: 34: 200M MEDLEY WOMEN 15+					Heat:13, starttime: 09:08
Heat: 13/16 Lane : 6 Athlete: MERTENS FEMKE					Q-time: 02:32:35
PB (50m pool): 02:32.35 Olympic Pool Wezenberg, Antwer 29/03/2026					PB (25m pool): 02:30.63 SB: 02:32.35 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.66	01:10.65	01:56.30	02:32.35	
	00:32.66	00:37.99	00:45.65	00:36.05	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:15, starttime: 09:14
Heat: 15/16 Lane : 8 Athlete: BOVEN AXELLE					Q-time: 02:30:48
PB (50m pool): 02:30.48 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:28.32 SB: 02:30.48 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.96	01:13.85	01:57.55	02:30.48	
	00:31.96	00:41.89	00:43.70	00:32.93	
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:51
Heat: 7/11 Lane : 6 Athlete: MERTENS FEMKE					Q-time: 02:34:77
PB (50m pool): 02:34.77 Antwerpen 08/03/2026					PB (25m pool): 02:28.26 SB: 02:34.77 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.68	01:14.59	01:55.07	02:34.77	
	00:35.68	00:38.91	00:40.48	00:39.70	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:3, starttime: 12:01
Heat: 3/12 Lane : 5 Athlete: JANSSENS ELISABETH					Q-time: 00:37:52
PB (50m pool): 00:37.52 SportinGenk Park 21/04/2025					PB (25m pool): 00:37.16 SB: 00:39.63 Antwerpen 08/03/2026
	5 0 M				
PB	00:37.52				
	00:37.52				
					

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+			Heat:5, starttime: 12:03
Heat: 5/12 Lane : 6 Athlete: DURT REINE			Q-time: 00:37:13
PB (50m pool): 00:37.13 Antwerpen 15/03/2026			PB (25m pool): 00:36.48 SB: 00:37.13 Antwerpen 15/03/2026
	5 0 M		
PB	00:37.13		
	00:37.13		
			

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+			Heat:9, starttime: 12:08
Heat: 9/12 Lane : 8 Athlete: BOVEN AXELLE			Q-time: 00:35:75
PB (50m pool): 00:35.75 Antwerpen 27/07/2025			PB (25m pool): 00:35.35 SB: 00:36.29 Antwerpen 22/03/2026
	5 0 M		
PB	00:35.75		
	00:35.75		
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:3, starttime: 12:40
Heat: 3/9 Lane : 1 Athlete: BELLENS LORE			Q-time: 01:10:15
PB (50m pool): 01:10.15 SportinGenk Park 06/04/2026			PB (25m pool): 01:09.11 SB: 01:10.15 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:32.57	01:10.15	
	00:32.57	00:37.58	
			

Coach feedback:

Event number: 42: 100M BUTTERFLY WOMEN 15+			Heat:4, starttime: 12:41
Heat: 4/9 Lane : 2 Athlete: BOVEN AXELLE			Q-time: 01:08:87
PB (50m pool): 01:08.87 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:06.54 SB: 01:08.87 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:32.11	01:08.87	
	00:32.11	00:36.76	
			

Coach feedback: